

LAKE HURON AREA COUNCIL

RESIDENT CAMP 2010

*“Race to New  
Destinations”*



## HEALTH AND SAFETY

There will be a full time Health officer at camp. First aid is available in the Loggia at PBSR, and in the health lodge at Rotary. Filing of health forms, medical checks, dispensing of medication and first aid are the responsibility of the Health Officer. All injuries, no matter how minor, are to be reported to the camp Health Officer.

Pay special attention to health concerns such as allergic reactions, to plants, foods or insect bites. Shoes must be worn at all times. Please don't allow rock throwing, fighting, stick jabbing, playing campfires, or running on inclines. With simple precautions and common sense, accidents can be prevented. Tennis shoes or hiking boots should be worn in camp – no sandals or flip-flops.

## HEALTH FORM

Each scout attending camp must have a properly filled out medical form and signed by a parent or guardian and a doctor. Each adult attending camp must also have a properly filled out medical form signed by a doctor. This is a national policy. The health form will be returned at the close of camp along with a patch.

## PHONE

The camp phone in the office and is intended for business use only. The camp phone number is listed below for emergencies.

**PBSR (989) 685-2861**  
**ROTARY (989) 386-7943**

It is Council policy to prohibit campers from using the phone, for calls home, even in the case of homesickness. The Health officer, camp director, or camp administrator will determine if a call home is warranted, and will make the call.

We strongly discourage the use of cell phones in camp, but adults only will be allowed to have them. The cell phone coverage is limited at camp. All outgoing long distance calls will be collect or by the use of a credit or calling card.

## REGISTRATION

Registration will take place near the entrance of PBSR and in front of the camp office at Rotary. We will have staff and scouts available to assist with heavy gear and guide campers back to their den site as soon as they arrive and register. Den advisors will be in the sites to greet campers. Wagons or carts will be available to haul equipment at camp.

## VISITORS

Visitors are welcome, but must sign in at the camp office and receive a visitor badge or wristband. Greet any visitors without a badge or wristband you see, try to determine their purpose in a polite way, and make sure they sign in.

## CHECK IN / CHECK OUT

A campsite host will check the den site for tent damage, bunk damage and general damage to the den site prior to use. The host will again check the area at the end of camp for new damage. Damage to the tents, bunks, trees or other facilities may be charged to the Resident Camp Program Budget, or to the individual camper in cases of malicious destruction of property. Den advisors should have a diagram of the campsite indicating who is assigned to each tent, not just to determine who may have caused damage, but also to locate campers quickly in an emergency. Assign campers to tents. Let them know they may not make changes in tent assignment without your knowledge or permission.

Please inform the Camp Director or Program Director if a camper must check out early. The Camper must sign out at the camp office. Please verify the identity of anyone picking up a camper early. Ask them to sign in if and when they return.

## YOUTH PROTECTION

Youth protection guidelines are mentioned several times in this guide. Staff have been oriented in Youth Protection as directed by the BSA. Adult chaperones that have questions about Youth Protection guidelines may ask any professional staff member or volunteer program director for clarification. Any Staff member or adult chaperone who suspects that there has been an incident of child abuse either at camp or prior to camp involving the Scouting program is required to inform the Council executive of this suspicion. This may be accomplished through communication with the camp director, Justin Radtke. Child abuse may be manifested as sexual abuse, physical abuse, neglect, or emotional abuse. Be alert to name calling or persistent teasing of a camper by others. Hazing by other scouts, staff, half staff or adult chaperones is not permitted.

## SMOKING OR USE OF TOBACCO

Smoking, in any form is prohibited for staff members and adult chaperones under the age of 18. Staff members and adult chaperones over the age of 18 who use tobacco may not smoke in any building on camp property or in view of any scout. All staff members and adult chaperones are asked to smoke in designated areas only.

## **PERSONAL CONDUCT**

Personal conduct should always be with the Scout Oath and Law in mind. Harassment of campers or staff members whether physical, mental or verbal will not be tolerated. Swearing or the use of vulgar language, the gross infractions of our staff policies, the violation of any federal, state or local stature, or the disregard for the rights of others will necessitate any immediate dismissal from camp.

## **QUIET HOURS**

Quiet hours will begin each evening at 10:30 p.m. Campers must be in their campsites at this time. Quiet hours will be observed throughout camp until reveille the next morning. As a staff member please maintain respect to those who are sleeping.

## **SHOWER AND TOILET FACILITIES**

Outdoor, hot water showers are available at PBSR and Rotary. The new shower building at PBSR has individual stalls. Camp staff showers are located in the Loggia and in the staff shower building west of the Loggia at PBSR. These facilities are reserved for camp staff use. Individual shower stalls are also available at Rotary.

Each den site has a latrine and wash stand. Adults should use these pit toilets and the showers with a buddy to guard the door or arrange for another signal to indicate the facility is in use. Youth Protection Guidelines prohibit adults and campers from showering or toileting in the same facility at the same time. Each den is responsible for keeping the latrine, wash stand and shower facilities clean. Encourage the campers to keep these areas clean.

## **DEN SITES**

Den sites have several tents on wooden platforms with 2 bunks. Campers should generally be paired as buddies, 2 to a tent. If space permits, adults should be assigned to tents individually for greater privacy. The tent is the campers sleeping quarters and should be considered a private area. Adults should refrain from entering a camper's tent unless necessary, and should give careful consideration to Youth Protection Guidelines in doing so. It would be extremely inappropriate for an adult to be in the tent of a camper who is not his or her own child, with the flaps closed, or be otherwise out of view. No fires or aerosol spray cans are permitted in tents. Keep tent flaps tied down when out of the site as rain can hit suddenly.

The den, under the direction of the den advisor and adult chaperones, is responsible for maintaining a clean appearance of the den site. Avoid littering and have regular campsite clean up periods. Remind your campers not to keep food in their tent as it attracts animals.

## **FIRE SAFETY**

If environmental conditions permit, campfires may be built in the den sites. Please check for permission, as ground fires are often prohibited due to dry conditions. Practice good fire safety. Clear an area 10 feet in diameter around the fire site. Stay away from overhanging branches. Use previous fire sites to avoid scarring the ground unnecessarily. Have water and sand buckets close at hand. Do not leave a fire or burning coals unattended. Douse the fire gradually, but thoroughly; stir and douse again until coals are cold. Don't allow the campers to play in the fire with sticks, etc. Scouts are not being permitted to have matches, lighters or fire starters. Scouts may use matches only in the Outdoorsman area as part of the program. Confiscate matches, lighters, or fire starters from campers.

## **HEALTH CHECK / SWIM TEST**

Follow the schedule provided. Campers should be in swim trunks and shoes for their health check. They will also need to bring a towel, as the den will go to swim check immediately after the health check. Health forms will be collected at registration, sorted by den site, and taken to the health lodge prior to den arrival. The Health officer will issue buddy tags and wristbands. Impress upon the campers the need to hold on to the buddy tag and to leave the wristband on for the duration of the camp.

## **WATERFRONT**

The waterfront staff will practice the safe swim defense at all times. Please be ready to assist in supervision if asked by the waterfront staff. No swimming or waterfront activity is permitted unless the waterfront staff is on duty. Adults will be given orientation in the safe swim defense and safety afloat. Try to ensure compliance with rules associated with buddy tags and the buddy board. Make sure each camper checks out with his buddy and his tag as directed. If a scout makes a mistake in this area, quietly remind him of the rules. It is the responsibility of the waterfront staff to insure that the buddy board is correct and that Scouts check in and out properly. The Scout should not be punished or berated for forgetting his tag. He should be made to realize, however, that a buddy tag left on the board may require the waterfront staff to initiate a 'LOST SWIMMER SEARCH', which is very tiring and potentially dangerous in itself.

## **BUDDY SYSTEM**

The buddy system is a way for Scouts to look after one another, especially during outdoor activities. The buddy system will be used at all times during camp.

## ARCHERY/ BB GUNS

Archery and BB Guns provide some of the greatest enjoyment for our campers. Certified staff supervises these areas. Always ask permission before entering the shooting ranges. Be alert to dangerous situations, which may develop due to carelessness or inexperience on the part of the campers.

## TRADING POST

The trading post will be available to the scouts during one of their activities and during free time. The Trading Post will also be open at the close of camp for parents to spend the rest of their money. Be alert to campers who are holding a lot of money, as this may be lost or misplaced. Consider all the possible pitfalls, before offering to hold the money for the camper. Be alert also to scouts who purchase knives or fire starters without their parent's consent in the trading post. The **fire starter must be confiscated**, and the knife may also be confiscated if the scout does not have his 'whittlin chip' card, or if he uses the knife improperly. There really is no need for a knife in the campsite.

## COLORS / RETREAT

Please be on time for morning and evening flag ceremonies. The Scouts and adults should be in uniform for evening retreat and dinner. Line up by den, and insure that the Scouts show proper respect for the flag and ceremony. Each den will be asked to take part in the flag ceremonies.

## UNIFORM

Staff and chaperones should set a good example by wearing the proper uniform. Staff should wear the staff shirt and khaki or blue shorts throughout the day, and the field uniform for dinner. Chaperones and scouts should wear the field uniform for dinner if possible.

## LOST AND FOUND

Lost and found items should be turned in to the program director and will be announced at meals or colors. Scouts will 'not' be required individually to sing for return of lost items. 'Dens' may be asked to sing or perform for return of lost flags or being habitually late, etc. but this should be done in a spirit of fun and fellowship. Staff may be asked to sing for return of lost items or for any other reason deemed appropriate by the program director.

## SERVICE DENS / MEALS

Each den is assigned to set up the dining hall prior to a meal, and clean up afterward.

Follow the schedule provided and arrive 20 minutes before the scheduled meal. The dining hall steward will instruct you on what to do. The steward may assign adults as servers for meals; 1 per table. Adults should make sure that campers eat a balanced diet. When it's hot there is a tendency to fill up on bug juice at the expense of solid food. This may have a tendency to cause a lot of stomach discomfort or diarrhea later. If the camper will not eat the prepared meal due to personal dislike, there is always peanut butter for sandwiches. Please have campers use the toilet before meals. We try to keep the campers at their tables during meals and discourage them from wandering off to "use the bathroom" during meals.

## **HOMESICKNESS**

Homesickness is a tremendous challenge for the den advisor or adult chaperone. The best way to avoid it is to tire the campers out with an exciting fun filled day. Be ready for personal counseling, comfort and reassurance. Remember the scouts are not permitted to use the phone to call home, although many will beg you for the use of the phone. Extreme cases of homesickness may occasionally border on hysteria. If this is the case, inform the program director or health officer to assist you with the problem. It's easy to forget about Youth Protection guidelines when you are trying to comfort a homesick child. Remember to avoid 1 on 1 contact when not in view of another adult. Be extremely cautious in entering the boy's tent. Ask for help if you need it.

## **ADVANCEMENTS**

Each scout will be given a name tag/passport that includes a list of activity badge requirements, achievements and electives. As they go through each activity, they will need to get a stamp or signature by the requirement they completed. Den advisors need to watch and make sure they take responsibility and get their passport stamped or signed. This will be the only record the scout will have to take home with him.

## **KNIVES**

Any scout with a pocketknife must have earned his 'whittlin chip' card. If a scout does not have his 'whittlin chip' card with him or if he uses the knife improperly, the knife may be confiscated. A pocketknife cannot have a blade over 3 inches long and absolutely no sheath knives are allowed in camp.

## **EMERGENCY PROCEDURES**

### **FIRE PLAN/LOST SWIMMER PLAN/LOST CAMPER PLAN:**

**SIGNAL: Continuous siren blast. At the signal, the following will be done immediately:**

1. All staff, campers and adult leaders will quickly report to the Loggia at PBSR or to the Central Lodge at Rotary and line up according to den. Program areas will shut down immediately.
2. The den advisor will take a head count.
3. The results are to be reported to the designated staff member at the Loggia or Central Lodge.
4. Follow further instructions as they are given.

### **TORNADO PLAN:**

**SIGNAL: Continuous siren blast.**

1. This signal will sound only when a tornado has been sighted in the area.
2. All campers and staff will immediately lie down in the nearest ground depression not exposed to the southwest.
3. At the all clear a general alarm will sound and all campers and adult leaders will report to the Loggia at PBSR or to the Central Lodge at Rotary for a head count.

### **SEVERE STORM PLAN:**

1. Adult leaders and staff will be informed of approaching storms. Den advisors should instruct scouts and chaperones to close and secure all tent flaps and lower dining flies.
2. If severe storms are forecast, everyone may be moved to the Loggia or Central Lodge until the storm passes.

### **EARTHQUAKE:**

1. If earthquake tremors are felt, stay away from man-made structures.
2. If in a man-made structure, vacate immediately.

**YOUTH PROTECTION PLAN:**

1. It is mandatory that any staff member or volunteer report to the Camp Director any actual suspected case of child abuse or neglect immediately.
2. The Camp Director will contact the Scout Executive immediately.

**CHEMICAL SPILL PLAN:**

1. Everyone is to report to the Loggia or Central Lodge immediately for a head count.
2. At the direction of the Camp Director, everyone will head away from the spill area until an "All Clear" is given.

**Staff members will have two-way radios to help with communication during any emergency.**

## RESPONSIBILITIES OF ADULT CHAPERONES

Adult chaperones have a key responsibility in providing their pack with the necessary direction, discipline, and example. This may be the first experience away from home and parents for many Cub and Webelos Scouts. Be prepared to assist in supervision of Scouts from packs with inadequate leadership. A den advisor has been provided to coordinate the activities of each den, but they will need the help and support of **ALL** the chaperones to see that things run smoothly and to insure that the boys have the best possible camping experience.

Listen and watch each camper closely to insure physical and emotional well-being. Watch that they are eating and sleeping properly. Scouts frequently become severely constipated during camp, from an aversion to using the latrines. This may result in stomach upset or an uncontrolled bowel movement and an embarrassed scout. Encourage the scouts to use the latrine daily, and to wash frequently, especially before meals.

Watch for potential homesickness. Do not encourage use of the phone to call home, as it is contrary to camp policy.

### **Adult leaders are asked to observe the following guidelines in camp:**

1. No alcoholic beverages, consumption, or people under the influence of alcohol will be permitted in camp.
2. Only designated smoking area is the parking lot. Refrain from smoking in the presence of boys.
3. Assist with the discipline of the Scouts. No physical discipline is permitted.
4. Assist with the camp program under the direction of the Program Director and staff.
5. Encourage Scouts to observe personal hygiene and proper litter disposal.
6. Be punctual to meals, colors, events, etc.
7. Encourage good Scout-like conduct and report obvious violations of camp policies to the Director, Health Officer, Program Director, Professional Advisor, or Den Advisor.
8. No fireworks, drugs, or firearms are permitted in the possession of any camper. To carry pocketknives, Scouts must have their 'Whittlin' Chip' card. No sheath knives are allowed in camp.
9. There must be one leader for every 5 boys in camp during the entire camp period. This includes overnight. Any adult leaving camp must check out with the den advisor and sign out at the camp office.
10. Assist with bed check in the evening.
11. Become familiar with the emergency procedures and be a resource in case of emergency.
12. Assist the boys in keeping track of their gear and money.

## HINTS ON CONTROL

1. Never give an order you don't intend to enforce.
2. Give commands that stimulate action. Say 'Do this' rather than 'Don't do this'.
3. Give the boy time for reaction. Say 'one more time then we're done', rather than 'all out - quick'.
4. Have a reason for what you ask a boy to do, and when possible take the time to give the reason.
5. Be honest in what you say and do. A boy's faith in you is a great help.
6. Use positive reinforcement. In other words, reward good behavior.
7. Keep the boys busy
8. Be cheerful and friendly. Smile.
9. Most of the rules we have are there to insure good health and safety. Don't burden the Scouts with unnecessary, arbitrary rules.
10. Allow the boys to make their own den rules. Have them agree to what is considered acceptable behavior. Guide them in developing this contract.
11. Use 'time out' as a last resort.
12. Let them know that you expect them to respect you and their fellow campers and to behave accordingly.
13. Do not lose your temper no matter how provoked. Remain calm and in control.
14. Persistent behavior problems should be brought to the attention of the Den Advisor, Den Advisor Coach, or the Program Director if necessary.

## **CAMPING CAN:**

be a creative, educational experience in cooperative group living in the outdoors.

contribute to the physical, mental, spiritual and social growth using the resources of natural surroundings.

aid in spiritual growth by helping campers recognize and appreciate the handiwork of God in nature

contribute to good health through supervised activity and exercise, sufficient rest, good fun, and wholesome companionship.

contribute to social development by providing experiences in which campers learn to deal practically and effectively with living situations.

be an experience in citizenship training, providing a means of democratic participation in decision making, planning, and carrying out activities.

contribute to the development of self reliance and resourcefulness by providing learning experiences in which campers acquire knowledge, skills, and attitudes essential to their well being.

prepare them to become Boy Scouts.

**Success in achieving these results depends on you and me !**

## NOTES